

#### INTRODUCTION

The plants in the Lileaceae family, with 3,500 species in 220 generas, are widely distributed over the earth and are especially abundant in warm and tropical regions. *Asparagus racemosus* Willd. has been used in folk medicine in India and Thailand. This specie is found in South-East Asia, India, Australia and Africa. (1)

The common name of A. racemosus Willd. in Thailand is "Saamsib" (central region) or "Saamroi-raak" (Kanchanaburi province), "Chuang Khruea" (northern region), "Phaknaam" (Nakhon Ratchasima province). It is also called Shatavari in India. (2) A. racemosus is a small, woody, rhizomatous plant. It has cylindrical roots, linear leaves and small white flowers. The plants grow up to 4 m with sharp spines and small red globular fruits. (3) (Fig.1)

A racemosus is a root drug of Indian folk medicine and has been used therapeutically for a long time. The decorticated root, commerce comprises dried, has been specially recommended not only treated abortion but also used as a galactogogue. In Thailand, the roots are boiled in syrup for dessert and the dried roots are supposed to prevent abortion and treat diseases of the spleen, liver and other internal organs. (1)

Preliminary pharmacological screening of various extracts of the crude drug appeared to confirm some of these claims. In the alcoholic extract, a compound was found to have significant specific anti-oxytocin activity. This was a glycoside, shatavarin I.<sup>(4)</sup>



a)







Figure 1. Asparagus racemosus Willd.

- a). Flowering and leaving branch
- b). Fruit
- c). Root
- d). Dried-root

A. racemosus is also used in drugs for dyspepsia and as a galactogogue. It was compared with a modern drug, metaclopramide, which is used in dyspepsia to reduce gastric emptying time. Metaclopramide and A. racemosus did not differ significantly in their effects. (5)

Recently, a pyrrolizidine alkaloid, the major component of this plant, showed an inhibitory effect on oxytocin-induced contracture of rat diestrus uterus, in vitro, at doses of  $10^{-5}$ - $10^{-6}$  mg cm<sup>-3</sup> and antitumour activity in vitro. (6,7)

# 1.1 Chemical constituents of A. racemosus

Plant of genus Asparagus (Lileaceae family) are known to contain steroids, steroid glycosides and sapogenins.

Kar and Sen have correlated sapogenin content and ploidy level in this genus. So far, seven saponins have been isolated, of which sarsasapogenin is of wide occurrence. Tetraploid species contain only sarsasapogenin and hexaploid species only diosgenin. Both of these sapogenins have been recorded in diploids. Thus, tetraploid species contain sarsasapogenin and diploid and hexaploid species contain diosgenin. (8)

Many parts of Asparagus racemosus Willd. have been investigated. Subramanian and Nair have extracted fresh leaves and found diosgenin and quercetin-3-glycoside. (9) From fruits parts, sitosterol, stigmasterol, sarsasapogenin, steroid glycoside, spirostanolic and furostanolic saponin were isolated by Sharma and Sati. (10)

roots part of A. racemosus, earlier workers From the have reported D-glucose, D-mannose and a new disaccharide, 3-Oβ-D-glucopyranosyl-D-mannopyranose. (11) Steroidal glycosides were also in this part, of which only Shatavarin I had antioxytocin activity.(4) Paliwal et al. have isolated sitosterol, 4,6dihydroxy-2-(2-hydroxyisobutyl) benzaldehyde and undecanylcetanoate. (12) Recently, Sekine et al. found a new cage-type alkaloid, Asparagamine A. (6) This novel polycyclic pyrrolizidine derivative was both the first alkaloid to be isolated from this genus and also the first pyrrolizidine derivative with carbon substitution at C-5 and C-8. This compound showed anti-oxytocin activity, in vitro.

The chemical constituents of A. racemosus are summarized in Table 1 and Figure 2.

# 1.2 Chemical constituents in other genus in Lileaceae family

The petroleum ether extract of the fruit of A. adscenden Roxb. yielded  $\beta$ -sitosterol, sarsasapogenin and diosgenin. (13) Later, Sharma and Sati isolated sitosterol- $\beta$ -D-glucoside, two new spirostanol glycosides and two new furostanols from the methanol extract of the defatted root of this specie. (14) In the leaves, Shama et al found oligo furosides and spiro-stanosides, which were adscendin A, adscendin B and adscendoside A and B. (15)

Shama et al. also studied A. currillus Buch-ham. Various parts of A. currillus was extracted with methanol. The roots were found to contain stigmasterol and sarsasapogenin, the leaves contained  $\beta$ -sitosterol and sarsasapogenin and three steroid compounds were found in the fruits. (16)

Ethanol extracts of air-dried aerial parts of A. gonocladus, which were studied by Mandloi et al. contained apigenin, kaempferol, rutin, 4,4,6-trihydroxy aurone and a new chalcone glycoside. (17)

For A. acutifolius., Panova and co-workers have isolated flavonoid mixture in the aerial parts and isorhamnetin-3-D-glucoside, which was found for the first time in this genus. (18)

The chemical constituents of some plants in Asparagus genus are shown in Table 2 and Figure 3.

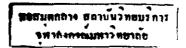


Table 1 The chemical constituents of A. racemosus Willd.

plant parts	Crude extract	Isolated compounds	references
leaves	hot 90% EtOH	diosgenin	9
		quercetin-3-glycoside	
fruits	MeOH	sitosterol	10
		stigmasterol	
		sarsasapogenin	
		sitosterol-β-D-glucoside	
		stigmasterol-β-D-glucoside	
	1/1/1/2015	spirostanol	
		spirostanolic saponin	
roots	75% EtOH	Asparagamine	6,7
	EtOH	D-glucose	11
		D-mannose	
		3-O-β-D-glucopyranosyl-D	
		-mannopyranose	
		sitosterol	12
		4,6-dihydroxy-2-O-(2-	
	וושוו	hydroxyisobutyl)	
	เขอรถใ	benzaldehyde	
	1/11/19/19/	undecanyl cetanoate	
	.*	shatavarin I	4
		shatavarin II	
		shatavarin IV	
		compound A ( C <sub>10</sub> H <sub>20</sub> O <sub>6</sub> )	

Table 2 The chemical constituents of some plants in Asparagus genus.

Scientific name	Plant parts	Isolated compounds	references
A. adscenden Roxb.	fruits	β-sitosterol	13
		sarsasapogenin	; 
		diosgenin	
	roots	sitosterol-β-D-glucoside	14
		asparanin C	
		asparanin D	
		asparaside C	
		asparaside D	
	leaves	adscendin A	15
		adscendin B	
	MAGGACO)	adscendoside A	!
	45000	adscendoside B	
A. currillus Buch-	roots	stigmasterol	16
ham	·	sarsasapogenin	ļ
200		spirostanol glycoside I	
สถา จุฬาลง		furostanol glycoside I	ŀ
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	leaves	β-sitosterol	
	1106100	sarsasapogenin	
	fruits	stigmasterol	
		β-sitosterol	
		sarsasapogenin	

Table 2 (cont.)

Scientific name	Plant parts	Isolated compounds	references
A. gonocladus	aerial parts	apigenin	17
		kaempferol	
		rutin	
		4,4,6-trihydroxy aurone chalcone glycoside	
A. acutifolius		isorhamnetin-3-D-glucoside	18



#### diosgenin

### sarsasapogenin

Asparagamine A.

Figure 2 Major chemical constituents from A. racemosus Willd.

Shatavarin-IV

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Figure 2 (cont.) Major chemical constituents from A. racemosus Willd.

## Kaempferol

# 4,4,6-trihydroxy aurone

chalcone glycoside

Figure 3 Major chemical constituents of some plants in Asparagus genus

Figure 3 (cont.) Major chemical constituents of some plants in Asparagus genus

The present study concentrates on the chemical constituents of the roots of A. racemosus, especially in the non-polar parts, and also describes the effect of Asparagamine A, a pyrrolizidine alkaloid, which may have anti-oxytocic potential in vivo.