



## CHAPTER I

### INTRODUCTION

*Mycoplasma pneumoniae* is the smallest and simplest self-replicating procaryotes that lacks cell wall and resists to cell wall-active antibiotics. The morphology of mycoplasmas show a marked polymorphism (1). They are rounded, elongated, fusiform, bottle-shaped or filamentous. The organism is 0.2 - 0.3 um in size. Colonies on agar media are usually small (50 to 500 um) and show the typical fried-egg shape, consisting of an opaque, granular central zone embedded in the agar, and the flat translucent peripheral zone on the agar surface.

*M. pneumoniae* infections occur most frequently in school-aged children and young adults (2,3). Infections with *M. pneumoniae* are endemic in densely populated areas ; cyclic increases occur at long intervals and result in prolong epidemics(4). Epidemics also occur in military recruits, public schools, university students and day-care centers (5-9). In Thailand definite *Mycoplasma pneumoniae* pneumonia was first diagnosed in 1975 (10).

*M. pneumoniae* is a common cause of community-acquired respiratory tract infections. Approximately 10% of the cases of community-acquired pneumonia that occur in endemic periods and up to 50% of the cases that occur in epidemic periods are caused by *M. pneumoniae* (2). *M. pneumoniae* pneumonia may be self-limited within 1 - 3 weeks. Serious pneumonia caused by *M. pneumoniae* infection and its complication frequently occurs(11,12). Therefore,

the correct diagnosis is the most important for treatment and prevention of complication. Since clinical features of *M. pneumoniae* infections present from subclinical to upper respiratory tract infection and broncopneumonia, clinical diagnosis alone may not be enough and laboratory diagnosis must share the meaning role for treatment advantage.

A major obstacle in diagnosing infections caused by *M. pneumoniae* is the lack of a rapid and sensitive method for detecting the organism in clinical specimens (13). Culture is relatively insensitive and generally requires a week or more for recovery of the organism (100% specificity and 81.1% sensitivity) and thus is not practical in most laboratories (14). A DNA probe that provides rapid results has recently been marketed. However, the use of radioactive labelling and the low sensitivity of the test makes it inappropriate for routine diagnosis (15-19).

Several different serological tests for diagnosis of infections due to *M. pneumoniae* have been described, but these also have limitations in terms of sensitivity and specificity (20-26). Serological diagnosis is also time-consuming since Immunoglobulin M (IgM) can be detected from 7 days after the onset of symptoms in patients with primary infections and the demonstration of fourfold rise in Immunoglobulin G (IgG) antibodies in patients with reinfection. However, the recently available microparticle agglutination (MAG) assay has been marketed and shown to be specific and sensitive for diagnosis of *M. pneumoniae* infections (27).

Recently, polymerase chain reaction (PCR) has been developed for detecting *M. pneumoniae* by using DNA primers derived from

different DNA target sequences. The targets are specific cloned DNA segment (28-30), cytoadhesin P1 gene (31,32), 16S rRNA gene (32-34), the gene encoding elongation factor *Tu* (35) and the 16S rRNA(34). These studies showed that the use of PCR for detecting *M. pneumoniae* was rapid and specific but the detection limit was varied from as low as 1 - 10 to as high as 1,000 organisms. However, most of these studies need radioisotope and none had protocols to prevent false-positive results due to the contamination of previous PCR products. It is thus proposed to set up a PCR-based protocol which is more suitable and reliable for routine diagnostic procedures to detect *M. pneumoniae*. The target of amplification will be P1 gene which codes for P1 cytoadhesin on cell surface and is present in multiple copies in the *M. pneumoniae* genome (36)

#### RESEARCH OBJECTIVE

The purposes of this study were as follows :

- develop PCR-based method which is suitable and reliable for detection of *M. pneumoniae* in routine diagnostic laboratory.
- evaluate the use of developed PCR in simulated clinical samples.