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## **APPENDIX**

## 1. Equipments

- 1.1 Air Jacket CO<sub>2</sub> Incubator (NuAire: model NU-8700)
- 1.2 Analytical balance (Precia: model XB2200C)
- 1.3 Analytical balance (Ohaus: model AR2140)
- 1.4 Autoclave (Hoclave: model HVA-85)
- 1.5 Centrifuge (Beckman Coulter: model Allegra X-15R)
- 1.6 Flow cytometry (BD Biosciences: model FACS calibur)
- 1.7 Fluorescent /Phase contrast microscope (Olympus: model DP-72)
- 1.8 Freezer-20°C (Sanyo)
- 1.9 Freezer-80°C (Sanyo: model MDF-U5086W)
- 1.10 Hot air oven (Binder: model B28)
- 1.11 Hot plate stirrer (LabTech®: model LMS-100)
- 1.12 Inverted microscope (Nikon: model TS100)
- 1.13 Laminar flow (Thermo electron corporation: model SAFE 2010)
- 1.14 Micro fluid Spectrophotometer (Thermo Scientific: model NanoDrop 1000)
- 1.15 Microtome (Shandon Finesse)
- 1.16 Oven (Binder: model B28)
- 1.17 pH meter (Fisher scientific: model AB15)
- 1.18 Refrigerator 4°C (Sharp: model SJD56N)
- 1.19 Refrigerated Centrifuge (Boeco: model U32R)
- 1.20 Refrigerate microcentrifuge (Eppendorf: model 5415R)
- 1.21 Spectrophotometer (Thermo Fisher Scientific: model Multiskan EX)
- 1.22 Tissue embedding (LEICA: model EG1150H)
- 1.23 Tissue processor
- 1.24 Vacuum pump
- 1.25 Vortex mixer (Labnet: model VX100)
- 1.26 Water bath (Memmert: model M22)

## 2. Materials

- 1.27 Adhesive cap 500 opaque (Carl Zeiss)
- 1.28 Adjustable micropipette: P2 (0.1-2  $\mu$ l), P10 (0.5-10  $\mu$ l), P20 (5-20  $\mu$ l), P100 (20-100  $\mu$ l), P1000 (100-1,000  $\mu$ l) (Gilson)
- 1.29 Beaker: 50 ml, 100 ml, 200 ml, 500ml, 1000 ml (Pyrex)
- 1.30 Coplin jar
- 1.31 Cylinder: 25 ml, 50 ml, 100 ml, 250 ml, 500 ml, 1,000 ml (Pyrex)
- 1.32 Filter paper No.2 (Whatman)
- 1.33 Flask: 250 ml, 500 ml, 1000ml (Pyrex)
- 1.34 Glass vaccuum filtration unit (Gibco)
- 1.35 Iris scissors
- 1.36 Membrane slide 1.0 PEN (Carl Zeiss)
- 1.37 Microcentrifuge tube: 0.2 ml, 0.5 ml, 1.5 ml (Axygen)
- 1.38 Parafilm (American Nation Can)
- 1.39 Petri dish (Corning)
- 1.40 Pipette (Corning)
- 1.41 Pipeting aid (Gilson)
- 1.42 Pipette tip: 10  $\mu$ l, 20  $\mu$ l, 200  $\mu$ l, 1,000  $\mu$ l (Axygen)
- 1.43 Polypropylene conical tube:15 ml และ 50 ml (Corning)
- 1.44 Reagent bottle: 100 ml, 250 ml, 500 ml, 1000 ml (Pyrex)
- 1.45 Staining jar
- 1.46 Stirring-magnetic bar
- 1.47 Syringe: 5 ml, 10 ml, 20 ml (Thermo)
- 1.48 Syringe filter: 0.2  $\mu$ m (pore size) diameter 40 mm (Minisart)
- 1.49 Tissue culture flask: 25 cm<sup>2</sup> (NUNC)
- 1.50 Tissue forcep
- 1.51 Tissue cassette
- 1.52 Well plate: 6 well plate, 12 well plate (Corning)

### 3. Chemical

#### 1.53 Cell culture

- 1) Fetal bovine serum (Gibco: cat.no.10270)
- 2) Insulin (Sigma-Aldrich: cat.no.I1882)
- 3) Penicillin-streptomycin 10,000 U/ml (Gibco: cat.no. 15140-122)
- 4) RPMI medium 1640 (Gibco: cat.no. 31800-022)
- 5) HAM-F12 culture medium (Gibco Invitrogen, Grand Island, NY, USA)
- 6) Sodium Bicarbonate (Sigma-Aldrich: cat.no. S4772)
- 7) Trasferrin (Sigma-Aldrich: cat.no. T0665)
- 8) Trypsin (Sigma-Aldrich: cat.no. T7409)
- 9) Collagen I (Gibco: cat.no. IC2931A)
- 10) Water bath treatment (Andwino Scientific: cat.no. 190009)

#### 1.54 Reagents and chemical for Flow Cytometry

- 1) Paraformaldehyde
- 2) Saponin (Sigma-Aldrich: cat.no. S7900)
- 3) Annexin V/PI kit
- 4) TUNNEL assay

#### 1.55 Chemical for cell injury studies

- 1) LDH detection kit (CytoTox 96, Promega, and Madison, WI, USA)

#### 1.56 Chemical for pathology examination

- 1) PARAPLAST\* tissue embedding medium (McCormick™ scientific)
- 2) Xylene
- 3) Ethanol 99.9% (Merck)
- 4) Deionized water (dH<sub>2</sub>O)
- 5) Tris Buffered Saline (TBS)
- 6) Citrate

7) EDTA

#### 1.57 General chemical

- 1) Hydrochloric acid solution (HCl)
- 2) Phosphate buffer saline (PBS)
- 3) Sodium hydroxide (NaOH)
- 4) Sterile water (ready for use)

### 4. Reagent preparation

#### a. Culture medium

|                    |     |       |
|--------------------|-----|-------|
| Fetal bovine serum | 10  | %     |
| Penicillin         | 50  | µg/ml |
| Streptomycin       | 50  | µg/ml |
| Insulin            | 0.1 | µg/ml |
| Transferrin        | 5   | µg/ml |
| Selenium           | 50  | µg/ml |
| In HAM-F12         |     |       |

#### b. Phosphate Buffer Saline (PBS)

|   |       |    |
|---|-------|----|
| Sodium chloride (NaCl)                                      | 0.137 | M  |
| Potassium (KCl)   | 2.7   | mM |
| Potassium dihydrogen phosphate ( $\text{KH}_2\text{PO}_4$ ) | 1.4   | mM |
| disodium hydrogen phosphate ( $\text{NaHPO}_4$ )            | 0.01  | M  |

#### c. Trypsin-EDTA solution

|         |       |         |
|---------|-------|---------|
| Trypsin | 0.125 | % (w/v) |
| EDTA    | 0.53  | mM      |
| in PBS  |       |         |

#### d. 0.5% Periodic Acid Solution

|               |        |
|---------------|--------|
| Periodic acid | 0.5 g  |
| In water      | 100 ml |

**e. Test for Schiff reagent**

Pour 37% formalin 10 ml into a watch glass then drop the reagent, a good Schiff reagent will rapidly turn a red- Purple color

**4. Periodic acid-Schiff (PAS) staining procedure**

1. Deparaffinize and hydrate to water
2. Oxidize in 0.5% periodic acid solution for 5 minutes
3. Rinse in distilled water
4. Place in Schiff reagent for 15 minutes (Section turn light pink color)
5. Wash in lukewarm tap water for 5 minutes (Immediately sections turn dark pink color)
6. Counterstain in Mayer's hematoxylin for 1 minute
7. Dehydrate and coverslip using a synthetic mounting medium

### Pathology examination scoring system

Histological tissue was examined. The absence of a numeral indicates that the finding specified was not identified. Significance of differences in a pair wise (Fisher's) test between Group 1 and each treatment group: \* P<0.05, \*\*\* P<0.01, \*\*\* P<0.001

| Version I  | Version II                               |
|--|--|
| <b>1. Liver</b>  |  |
| No abnormality detected                                      | Congestion                               |
| Solitary pale cell focus(i)                                  | Vacuolar degeneration                    |
| Vacuolation  | Necrosis                                 |
| Focal inflammation   | Cellular infiltration                    |
| PAS STAIN: negative  | Thrombosis and vasculitis                |
| PAS STAIN: positive (grade +/-)                              | hyperplasia                              |
| PAS STAIN: positive (grade +)                                | Fibrosis                                 |
| PAS STAIN: positive (grade ++)                               | <b>Key to scores:</b>                    |
| Total incidence for score expanded                           | - = No lesions observed;                 |
| DIASTASE + PAS STAIN: negative                               | ± = Mild, Absent or focal lesions;       |
| DIASTASE + PAS STAIN: positive<br>(kupffer cells, grade +/-) | + = Moderate, multifocal lesions;        |
| DIASTASE + PAS STAIN: positive<br>(kupffer cells, grade +)   | ++ = Moderately severe, diffuse lesions; |
| DIASTASE + PAS STAIN: positive<br>(kupffer cells, grade ++)  | +++ = Very severe, diffuse lesions       |
| Total incidence for score expanded finding                   |  |
| <b>2. HEART :</b>  |  |

|   |   |
|---|---|
| No abnormality detected<br><br>(Grade +/-)<br><br>(Grade +) | Congestion / Haemorrhage/ Myofibril<br><br>Vacuolar degeneration & necrosis<br><br>Hyalinised vessels,<br><br>Thrombosis and vasculitis<br><br><b>Key to scores:</b><br><br>- = No lesions observed;<br><br>± = Mild, Absent or focal lesions;<br><br>+ = Moderate, multifocal lesions;<br><br>++ = Moderately severe, diffuse lesions; |
|---|---|

**3. KIDNEY :**

|                              |  |
|------------------------------|--|
| No abnormality detected      | 0 = Normal structure   |
| Capsular inflammation        | 1 = No cellular proliferation or fibrosis in renal glomerulus  |
| Area(s) of inflammation      | = No capillary congestion or microthrombus   |
| Area(s) of haemorrhage(s)    | = Swelling and blurry boundary of renal tubular epithelial cell, stenosis or atresia of lumens                   |
| Basophilic tubules           | = Protein cast and renal interstitial edema  |
| Unilateral pelvic dilatation | 2 = Glomerular capillary congestion  |
| Mineral deposit(s)           | = Scattered necrosis in renal tubular epithelial cell<br>= Interstitial edema and inflammatory cell infiltration |
|                              | 2 = 2 + lamellar necrosis of renal tubular epithelial cell   |

**4. SPLEEN :**

|  |   |
|--|---|
| No abnormality detected                    |   |
| Focal capsular inflammation                |   |
| Area(s) of inflammation and necrosis       | 0 = Normal structure  |
| Increased haemosiderin                     | 1 = Necrosis in the follicular center was seen;                                     |
| PAS STAIN: positive (grade +/-)            | 2 = Blood sinus expansion and arteriolosclerosis                                    |
| PAS STAIN: positive (grade +)              | 3 = Necrosis in the follicular center, blood sinus expansion and arteriolosclerosis |
| PAS STAIN: positive (grade ++)             |   |
| Total incidence for score expanded finding |   |
| DIASTASE + PAS STAIN: positive (grade +/-) |   |
| DIASTASE + PAS STAIN: positive (grade +)   |   |
| Total incidence for score expanded finding |   |

**5. MESENTERIC LYMPH NODE:**

|   |  |
|---|--|
| No abnormality detected                                     | 0 = Normal structure   |
| Congestion  | 1 = Follicle Germinal center dilated,<br>lymphatic sinus dilated, sinus cell<br>hyperplasia or only lymphatic sinus dilated,<br>sinus cell hyperplasia               |
| Reactive  |  |
| Partly replaced by area of inflammation with<br>giant cells |  |
| Dilated blood vessels with thrombus formation               | 2 = Follicle Germinal center dilated,<br>lymphatic sinus dilated, sinus cell<br>hyperplasia, spotty necrosis in mantle zone<br>and Germinal center or only lymphatic |
| PAS STAIN: positive (grade +/-)                             | sinus dilated, and sinus cell hyperplasia,<br>infiltration of neutrophil, eosinophile<br>granulocyte and plasmocyte  |
| PAS STAIN: positive (grade +)                               | 3 = Follicle Germinal center dilated,<br>lymphatic sinus dilated, sinus cell<br>hyperplasia, spotty necrosis in mantle zone<br>and Germinal center, infiltration of  |
| PAS STAIN: positive (grade ++)                              | neutrophil, eosinophile granulocyte and<br>plasmocyte  |
| Total incidence for score expanded finding                  |  |
| PAS STAIN: not examined                                     |  |
| DIASTASE + PAS STAIN: positive (grade +/-)                  |  |
| DIASTASE + PAS STAIN: positive (grade +)                    |  |
| DIASTASE + PAS STAIN: positive (grade ++)                   |  |
| Total incidence for score expended finding                  |  |
| DIASTASE + PAS STAIN: not examined                          |  |

**6. ILEUM :**

|                               |   |
|-------------------------------|---|
| No abnormality detected       | (1) Mucosa intact (epithelium mucosae, glandular epithelium), no necrosis   |
| Submucosal pigment deposit(s) | (2) Mucosa incomplete, focal necrosis<br>(3) Edema in lamina propria, submucous layer and placenta percreta<br>(4) Inflammatory cell infiltration (neutrophilic granulocytes, eosinophile granulocytes, large mononuclear cells) in lamina propria, submucous layer, and placenta percreta. |
|                               | Scoring standards   |
|                               | (1) + (3) = 0 score   |
|                               | (2)or (4) = 1 score   |
|                               | (2) + (3) = 2 scores  |
|                               | (2) + (4) = 3 scores  |

| Finding  |
|--|
| <b>7. LUNGS:</b>                                     |
| No abnormality detected                              |
| Mild inflammatory changes                            |
| Increased alveolar macrophages                       |
| Area(s) of haemorrhage(s)                            |
| Area(s) of alveolar congestion                       |
| Medial hypertrophy                                   |
| <b>8. ADRENALS:</b>                                  |
| No abnormality detected                              |
| Unilateral focal vacuolation                         |
| Unilateral focal pigment deposit(s)                  |
| <b>9. THYMUS:</b>                                    |
| No abnormality detected                              |
| <b>10. TESTES:</b>                                   |
| No abnormality detected                              |
| Unilateral tubular atrophy: (Grade +/-), (Grade +++) |
| Total incidence for score expandede finding          |
| Inflammation with or without giant cells             |
| <b>11. PROSTATE:</b>                                 |
| No abnormality detected                              |
| <b>12. OVARES:</b>                                   |
| No abnormality detected, Unilateral cyst(s)          |
| <b>13. UTERUS:</b>                                   |
| No abnormality detected                              |
| Dilatation in both horns: (Grade +/-), (Grade +++)   |
| Total incidence for score expanded finding           |
| Area(s) of inflammation with giant cells             |

**14. BRAIN:**

No abnormality detected, Cyst(s)

**15. SKELETAL MUSCLE:**

No abnormality detected

**16. PANCREAS:**

No abnormality detected

Area(s) of inflammation

**17. SALIVARY GLAND:**

No abnormality detected

**18. SUMMANDIBULAR LYMPH NODE:**

No abnormality detected

**19. PITUITARY:**

No abnormality detected

Cyst(s)

**20. SKIN/SUBCUTIS:**

No abnormality detected

Focal ulceration with inflammation / necrosis

**21. MAMMARY GLANDS:**

No abnormality detected

**22. URINARY BLADDER:**

No abnormality detected

**23. EYES:**

No abnormality detected

**24. OPTIC NERVE:**

No abnormality detected

**25. TONGUE:**

No abnormality detected

**26. AORTA:**

No abnormality detected

**27. THYROIDS:**

No abnormality detected

Lymphoid foci

**28. PARATHYROIDS:**

No abnormality detected

**29. TRACHEA:**

No abnormality detected

**30. OESOPHAGUS:**

No abnormality detected

**31. STOMACH:**

No abnormality detected

Dilated/cystic gland(s)

**32. DUODENUM:**

No abnormality detected

**33. JEJUNUM:**

No abnormality detected

**34. CAECUM:**

No abnormality detected

Submucosal oedema

Area(s) of haemorrhage(s)

**35. DILATED BLOOD VESSELS:**

Cystic crypt

Increased haemosiderin deposition

Inflammatory changes

**36. COLON:**

No abnormality detected

Area(s) of submucosal inflammation and haemorrhage

Increased lymphoid tissue

**37. RECTUM:**

No abnormality detected or Increased lymphoid tissue

**38. SCIATIC NERVE:**

No abnormality detected

**39. STERNUM / RIB:**

No abnormality detected

**40. LYMPH NODE(S):**

BRONCHIAL: congestion

BRONCHIAL: reactive

**41. INJECTION / TREATMENT SITE(S):**

Subcutaneous oedema

Area(s) of simple subcutaneous inflammation

Area(s) of subcutaneous inflammation with haemorrhage

Area(s) of inflammation with giant cells Area(s) of subcutaneous inflammation with giant cells and haemorrhage

**42. ABDOMEN:**

Area(s) of inflammation, necrosis and giant cells

**43. MESENTERY:**

No abnormality detected

Area(s) of haemorrhage(s), simple inflammation

Area(s) of inflammation with giant cells

Area(s) of inflammation with haemorrhage Lymphoid foci

**44. FALLOPIAN TUBES:**

No abnormality detected Unilateral inflammatory cell infiltrate

Area(s) of inflammation, necrosis and giant cells

No abnormality detected or Unilateral inflammatory cell infiltrate

**45. DIAPHRAGM:**

No abnormality detected or

Adhesion(s), Inflammatory changes with or without giant cells

## BIOGRAPHY

Phonethipsavanh Nouanthong was born on 05 October 1975, in Vientiane municipality, Lao PDR. I received BSc in Medical Technology at Khone Kean University, Thailand (1998), MSc in Health Science at Chiang Mai University, Thailand (2005), and completed a summer course in Biostatistics in Public Health I & II and Epidemiology of HIV/AIDS, Johns Hopkins Bloomberg School of Public Health, the JHU, Maryland, United State. I obtained MBA in International Business (2008). In 1998, I worked as a Medical Technologist at Lao Red Cross, Blood Transfusion Center. In later year, I was assigned to be an Acting Head of Laboratory and Training Section and was nominated to be a Director Assistant for Quality Assurance of Blood Safety Program (2001-2003). During 1999-2003, I also taught Immunology and Blood Banking at Medical Laboratory School, Laos. I worked a Research Assistant during my Master course (2003-2005) at Research Institute of Health Science, Chiang Mai University. Then I joined the HIV-Netherland Australia Thailand Research Collaboration Center in 2006 to 2008.

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