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## APPENDIX 1

Data Sheet

NAME \_\_\_\_\_ CODE NO \_\_\_\_\_  
 AGE \_\_\_\_\_ YEARS \_\_\_\_\_ DATE. OF SURVEY d/ m/ y \_\_\_\_\_  
 OCCUPATION \_\_\_\_\_  
 MIGRATION : ( ) MIGRATE ( ) NON MIGRATE  
 MARITAL STATUS \_\_\_\_\_  
 METHOD OF BIRTH CONTROL \_\_\_\_\_ DURATION \_\_\_\_\_ Mo  
 NUMBER OF OFFSPRINGS \_\_\_\_\_  
 AGE OF THE YOUNGEST OFFSPRINGS \_\_\_\_\_ YEARS  
 MENSTRUAL HISTORY : \_\_\_\_\_  
 DURATION OF MENSTRUATION FROM MENARCHE \_\_\_\_\_ YEARS  
 REGULARITY OF MENSTRUATION : ( ) REGULAR ( ) IRREGULAR  
 DURATION OF MENSTRUATION PER CYCLE \_\_\_\_\_ DAYS  
 NUMBER OF SANITARY PADS USED PER CYCLE \_\_\_\_\_  
 TYPE OF DIET  
     ( ) VEGETARIAN ( ) NON-VEGETARIAN  
     ( ) CLAY EATER ( ) NON CLAY EATER  
 HISTORY OF UPPER GI HEMORRHAGE  
     ( ) YES ( ) NO  
 HISTORY OF HEMORROID HEMORRHAGE  
     ( ) YES ( ) NO  
 HISTORY OF ASPIRIN OR NSAID INTAKE  
     ( ) NO HISTORY OF USE  
     ( ) OCCASIONAL USE  
     ( ) REGULAR USE  
LABORATORY DATA  
 o HEMATOCRIT  
     1. \_\_\_\_\_ %      2. \_\_\_\_\_ %      AVERAGE \_\_\_\_\_ %  
 o FERRITIN \_\_\_\_\_ up%  
 o STOOL EXAM FOR HOOK WORM \_\_\_\_\_  
     AGG COUNT \_\_\_\_\_ /g/feces  
 o STOOL OCCULT BLOOD  
     ( ) POSITIVE ( ) NEGATIVE



**APPENDIX II**  
**RECOMMENDED DAILY IRON ALLOWANCE (RDA)**

	Age (years)	THAILAND Iron (mg)	WHO Iron (mg.)
Children	1 - 9	4.kg BW	10
	10 - 12	8	10
Boys	13 - 16	11	18
	17 - 19	11	9
Girls	13 - 16	16	18
	17 - 19	16	24
Men	20	6	9
Women	20 - 49	16	28
	50	6	9
Pregnant & lactating Women		26	28

**APPENDIX III**  
**WHO CRITERIA FOR DIAGNOSIS ANEMIA (1968)**

POPULATION GROUP	HEMOGLOBIN (g)	HEMATOCRIT (%)
Children 6 mo - years	11	33
children 6 - 14 years	12	36
male > 14 years	13	39
female > 14 years	12	36
pregnant women	11	33

**APPENDIX IV**  
**INFORMED CONCENT**

I am completely informed about the study objective and procedure. I agree to answer the question being asked by the interviewer and permit to have venous blood extraction. I understand about the side effect that may happen clearly

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(patients name)





## VITAE

Kanchana Chansung was born on the 29<sup>th</sup> January 1962 at Loei Province, Thailand. Graduate degree of Bachelor of medicine from Faculty of Medicine Siriraj Hospital, Mahidol University in 1986. Had been working at Srinagarind Hospital in Khon-Kaen for one and a half year before started training for Thai Board of Hematology in 1987 and graduated in 1990 after that working as the staff of Hematology Unit, Department of Medicine, Faculty of Medicine, Khon Kaen University . Have been working in the project of case-control study for etiology of aplastic anemia as the collaborated investigator with Prof. Surapol Issaragraisri of Siriraj Hospital for almost three years. The study is now on the process of data collection.

Kanchana Chansung studied in the course of Clinical Epidemiology of Thai-CERTC at Chulalongkorn University since June 1992 funding by the Rockefeller Foundation and expect to receive master degree in 1994. At present working as the staff of Hematology Unit , Department of Medicine , Faculty of Medicine , Khon-Kaen University .